

**BKS DANCE & AERIAL PROGRAM
BALLET CLASSES WITH KRISTEN SAMSON**

NUTCRACKER PERFORMANCE PACKET

**Sunday, December 3rd, 2023 at 10:00 am & 2:00 pm
Stratham Cooperative Middle School Auditorium
100 Academic Way, Stratham, NH, 03885**



PERFORMANCES

Ballet 1, 2, and 3 Students will perform in the 10:00 am performance only on Sunday, December 3rd. Students in Ballet & Tap 2/3 on Tuesdays at 3:45 pm will perform as Snow Princesses. Students in Ballet, Hip-hop & Acro 2/3 on Thursdays at 3:45 pm will perform as Chinese. Students in Ballet, Aerial & Acro 1/2 on Saturdays at 9:45 am will perform as Dolls.

Ballet 4 Students on Mondays at 3:45 pm will perform in the 10:00 am performance only on Sunday, December 3rd. They will perform as Cherubs.

Ballet 4/5B Students will perform in both the 10:00 am and 2:00 pm performances on Sunday, December 3rd. Students in Ballet 4/5B on Tuesdays at 4:30 pm will perform as Party Girls and Soldiers. Students in Ballet 4/5B on Thursdays at 4:00 pm will perform as Mirliton.

Ballet 5A and 6 Students will perform in both the 10:00 am and 2:00 pm performances on Sunday, December 3rd.

Aerial & Acro Basics Students will perform in the 10:00 am performance only on Sunday, December 3rd. Students from all Aerial & Acro Basics classes will perform as Dolls.

Acro Int/Adv Students will perform in the 10:00 am performance only on Sunday, December 3rd. Students in Contemporary & Acro Int on Mondays at 5:15 pm and Acro Adv on Wednesdays at 5:15 pm will perform as Russian Acrobats.

ARRIVAL

Please arrive performance-ready with hair and makeup complete.

Ballet 5A and 6 @ 8:00 am
 Ballet 4/5B (Tuesday at 5:30 pm, Thursday at 4:00 pm) @ 8:00 am
 Ballet 4 (Monday at 3:45 pm) @ 9:30 am
 Ballet 1, 2 and 3 @ 9:30 am
 Acro Students @ 9:30 am

Ballet 1, 2 and 3 Students should arrive wearing their costume with pink tights and pink Ballet shoes. Hair should be slicked straight back into a neat bun. Minimal stage makeup is optional.

Ballet 4 Students (Monday at 3:45 pm) should arrive wearing a black leotard (camisole or short-sleeve) with pink tights and pink Ballet shoes. Hair should be slicked back into a neat bun. Minimal stage makeup is optional.

Ballet 4/5B Students (Tuesday at 5:30 pm, Thursday at 4:00 pm) should arrive wearing warm-up clothing with pink tights and skin-colored leotards underneath. If you don't have a nude leotard, it is okay to wear a black one. Stage makeup should be complete and hair should be slicked straight back into a neat bun.

Ballet 5A and 6 Students should arrive wearing warm-up clothing with pink tights and skin-colored leotards / undergarments underneath. Stage makeup should be complete and hair should be slicked back into a neat bun.

Acro Basics Students should arrive wearing their costumes. Hair should be slicked back into a low ponytail and jewelry should be removed. Minimal stage makeup is optional.

Acro Int/Adv Students should arrive wearing skin-colored leotards / undergarments underneath. If you don't have a nude leotard, it is okay to wear a black one. Hair should be slicked straight back into a high ponytail and jewelry should be removed. Stage makeup is encouraged.

DROP OFF

All students, families, and guests should enter CMS through the main entrance. This brings you directly to the auditorium lobby. There will BKS team members and volunteers in the lobby checking the students in and walking to their designated area in the dressing room. Students will sit with their volunteers until they are called to line up in the wings.

Please note that all students should be dropped off in the lobby. Parents are not allowed in the dressing rooms or backstage. Only students, volunteers, and BKS / CMS staff should be in the dressing rooms or backstage for liability reasons.

Students should only bring essential performance items to the dressing room. Please label all belongings with the student's name. BKS / CMS is not responsible for any lost or damaged items.



SUNDAY SCHEDULE

8:00 am	Ballet 4/5B, 5A, 6	Arrival
8:15 am	Ballet 4/5B, 5A, 6	Call to stage
8:15 - 9:00 am	Ballet 4/5B, 5A, 6	Warm-up
9:00 - 9:30 am	Ballet 4/5B, 5A, 6	Rehearsals
9:30 am	Ballet 1, 2, 3, 4 Acro Basics Contemporary & Acro Int Acro Adv	Arrival
9:45 am	Auditorium opens for seating	
10:00 am	10:00 am Nutcracker Performance Begins	
1:15 pm	Call to stage for 2:00 pm performance	
1:45 pm	Auditorium opens for seating	
2:00 pm	2:00 pm Nutcracker Performance Begins	

DISMISSAL

There will be two dismissals during the 10:00 am performance - one at intermission, and one after bows. Students will be dismissed class by class off the front of the stage into the auditorium to their families.

Aerial & Acro Basics Students will be dismissed at intermission during the 10:00 am performance.

Contemporary & Acro Int Students (Monday at 5:15 pm) will be dismissed at intermission during the 10:00 am performance.

Acro Adv Students (Wednesday at 5:15 pm) will be dismissed at the end of the 10:00 am performance.

Ballet & Tap 2/3 Students (Tuesday at 3:45 pm) will be dismissed at intermission during the 10:00 am performance.

Ballet, Hip-hop & Acro 2/3 Students (Thursday at 3:45 pm) will be dismissed at the end of the 10:00 am performance.

Ballet, Aerial & Acro 1/2 Students (Saturday at 9:45 am) will be dismissed at intermission during the 10:00 am performance.

Ballet 4 Students (Monday at 3:45 pm) will be dismissed at the end of the 10:00 am performance.

Ballet 4/5B, 5A and 6 Students can stay between performances. Any students who decide to leave should return to the auditorium by 1:15 pm to get ready for the second show. At the end of the 2:00 pm performance, Ballet 4/5B, 5A, and 6 students will be dismissed from the dressing room.

DRESS REHEARSAL

Saturday, December 2nd at the Stratham Cooperative Middle School

The following students will rehearse at the theatre on Saturday, December 2nd -

Ballet 4 (Monday at 3:45 pm)

Ballet 4/5B, 5A and 6

Contemporary & Acro Int (Monday at 5:15 pm)

Acro Adv (Wednesday at 5:15 pm)

There will be no Saturday rehearsals for students in Ballet 1 - 3 and Acro Basics.

REHEARSAL SCHEDULE

8:30 - 9:00 am	Russian Acrobats	Contemp & Acro Int (Monday at 5:15 pm) Acro Adv (Wednesday at 5:15 pm)
9:00 - 9:45 am	Party Scene	Ballet 4/5B (Tuesday at 5:30 pm) Clara Harlequinn & Columbine Maid Party Parents
9:45 - 10:30 am	Battle Scene	Ballet 4/5B (Tuesday at 5:30 pm) Ballet 5A
10:30 - 11:00 am	Snow Scene	Ballet 5A Ballet 6
11:00 am - 12:00 pm	Act II	Ballet 4 (Monday at 3:45 pm) Ballet 4/5B (Thursday at 4:00 pm) Ballet 5A Ballet 6

PARADE

(BALLET 5A / 6 STUDENTS ONLY)

Upper level students in Ballet 5A and 6 are invited to participate in the Annual Hampton Holiday Parade on Saturday, December 2nd. Participating groups will line up at 1:00 pm at the designated starting location. The BKS Dance & Aerial Program will be building our own float. As we travel down the route, students are encouraged to dance, wave, and cheer.

Students from Ballet 5A and 6 who are doing the parade will be going directly to the parade after Nutcracker Rehearsal at CMS. Be sure to pack food and water for the day, and please plan ahead for any predicted weather. In the past, parents have driven to the ending point of the parade to meet their children as they finish.

We would like for all students participating in the parade to order a green or red crewneck sweatshirt so everyone can match. The final apparel order will be placed on Friday, October 20th to give enough time for the shipment to arrive before Nutcracker weekend. If you wish to be included on the apparel order, please let us know by Friday, October 20th at noon.

TICKETS

Nutcracker Tickets will be available for purchase on Monday, November 13th. The cost is \$18 per person for a ticket to one show, and \$30 per person for a ticket to both shows. The two-show ticket for \$30 is valid for one person only.

Tickets can be purchased...

- At the door on Sunday, December 3rd by Venmo or cash only.
- In advance by sending an email to bksdanceaerial@outlook.com. The BKS Office Manager will charge the tickets to the account on file. We will hand paper tickets directly to the student / parent, or the tickets can be reserved for pick-up at the performance.

PROGRAM

BKS Event Programs are digital and there will be no paper copies available. To view the Event Program, please visit <http://www.bbfnh.com/performances>. There will be posters hanging at the theatre displaying the QR code for the Program. Open your phone camera, aim it at the poster, and click the link that appears.

POSTERS

Nutcracker posters will be available the week of Monday, November 13th. If anyone is interested in hanging up a poster to promote the performance, please let us know and we will arrange accordingly.

VOLUNTEERS

It is crucial that we have parent volunteers to be with the students backstage. Volunteers do not need to purchase a ticket and they can watch the students perform from the wings. Anyone interested in volunteering, please email us at bksdanceaerial@outlook.com.

Volunteers needed for the following classes -

- Ballet & Tap 2/3 (Tuesday at 3:45 pm)
- Ballet, Hip-hop & Acro 2/3 (Thursday at 3:45 pm)
- Ballet, Aerial & Acro 1/2 (Saturday at 9:45 am)
- Ballet 4 (Monday at 3:45 pm)
- Aerial & Acro Basics (Monday at 4:30 pm)
- Aerial & Acro Basics (Tuesday at 3:45 pm)
- Aerial & Acro Basics (Wednesday at 4:30 pm)
- Ballet 4/5B (Tuesday at 5:30 pm, Thursday at 4:00 pm)
- Contemporary & Acro Int (Monday at 5:15 pm)
- Acro Adv (Wednesday at 5:15 pm)

HAIR

Ballet Students should arrive with their hair slicked straight back into a neat, high bun with no part. Buns should be flat and even, with a tight hold. Use elastics, hair nets, and pins that match the hair color. Headpieces should be securely pinned to the right side of the dancer's bun. Please bring extra bobby pins for pinning headpieces.

Acro Students should arrive with their hair slicked back into a neat ponytail. Acro Basics students will wear a low ponytail. Acro Int/Adv students will wear a high ponytail with no part. Use elastics that match the hair color. Ponytails should have a tight hold and they should be centered.

*"HAIR REQUIREMENTS" VIDEO ON OUR YOUTUBE CHANNEL -
BODY BARRE FITNESS & BALLET CLASSES WITH KRISTEN SAMSON
[HTTPS://WWW.YOUTUBE.COM/WATCH?V=IGIJZHS8GTK](https://www.youtube.com/watch?v=IGIJZHS8GTK)*

Step-by-step

1. Start with damp, brushed hair. Gather all hair into one section at the top-back of the head. Evenly apply hair gel and use a comb to sweep hair straight back into a tight grip.
2. Confirm the height and neatness, then loop a hair elastic around the ponytail tightly. Use more than one elastic and match the elastic to the hair color.
3. To continue to a Ballet bun, twist the ponytail itself, then coil it around the base of the ponytail staying flat to the head. The bun should spiral outward, not stack up on top of itself.
4. Use U-shaped hairpins to secure the bun. Wrap a hairnet around the bun two or three times, then add more pins. Pins and hairnets should match the hair color.
5. Headpieces must lay flat and be securely pinned to the right side of the dancer's bun or ponytail. There should be no headpieces falling off on stage.



MAKEUP

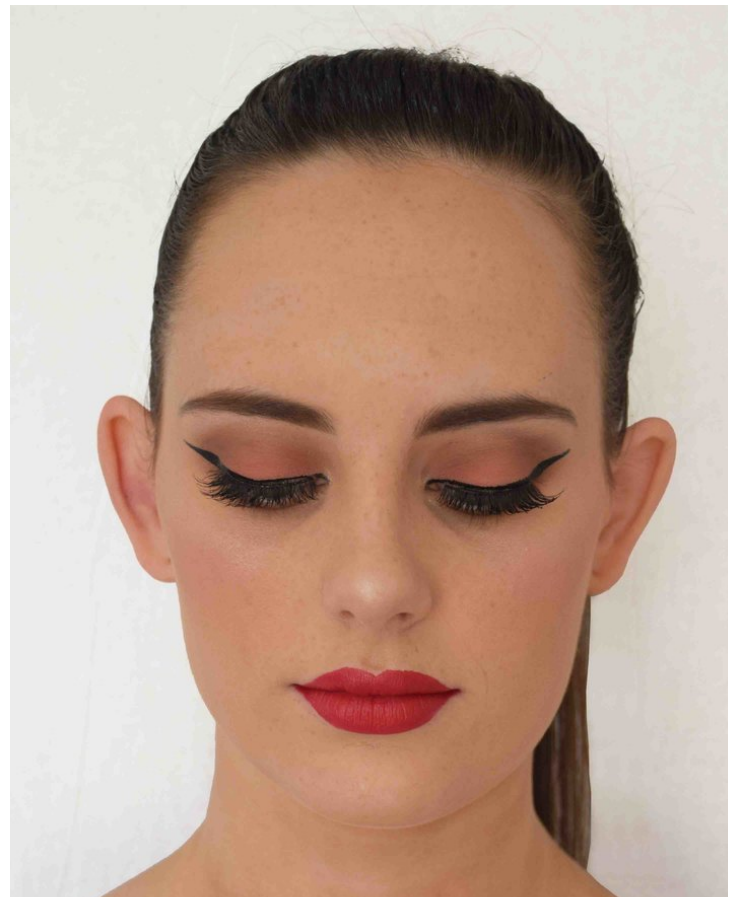
Why? Performers wear stage makeup to accentuate their existing, natural beauty. We understand full glam can feel extreme, especially for younger students. Please know these guidelines are in place to benefit the dancer. Bright stage lights, far distances, and flashy costumes make it easy to appear washed out on stage. Stage makeup enhances the visibility of facial features - allowing expressions to shine through.

MAKEUP REQUIREMENTS BY AGE

Students in Ballet 4/5B, 5A, 6, and Company should wear full BKS stage makeup.

Students in Ballet 1, 2, 3, and 4 are not required to wear any stage makeup. If they wish to wear makeup, they should please follow the BKS stage makeup guidelines.

Acro Students are not required to wear any stage makeup. If they wish to wear makeup, they should please follow the BKS stage makeup guidelines.



*"MAKEUP REQUIREMENTS" VIDEO ON OUR YOUTUBE CHANNEL -
BODY BARRE FITNESS & BALLET CLASSES WITH KRISTEN SAMSON
[HTTPS://WWW.YOUTUBE.COM/WATCH?V=CS606E4XU1O](https://www.youtube.com/watch?v=CS606E4XU1O)*

COSTUMES

Aerial & Acro Basics Students - Dolls

Students should arrive performance-ready, wearing their costume without tights. Hair should be slicked back into a low ponytail upon arrival. Any jewelry should be removed at home. Minimal stage makeup is optional. The students will perform barefoot, but they will need slip-on shoes to wear backstage. Acro Basics students will wear their costumes home and will keep the costumes. Please do not arrive at the theatre with anything other than their costume and a water bottle.

Acro Int/Adv Students - Russian Acrobats

Students should arrive performance-ready, wearing warm-up clothing with skin-colored leotards / undergarments underneath. If you don't have a nude leotard, it is okay to wear a black one. Hair should be slicked straight back into a high ponytail upon arrival. Any jewelry should be removed at home. Stage makeup is encouraged. The students will perform barefoot, but they will need slip-on shoes to wear backstage. The Russian Acrobat costumes will be hung up in the dressing room when the students arrive. Acro Int/Adv students will not keep their costumes. Before being dismissed, the students should take their costumes off and leave them in the dressing room.

Ballet & Tap 2/3 (Tuesdays at 3:45 pm) - Snow Princesses

Students should arrive performance-ready, wearing their costume with pink tights and pink Ballet slippers. Hair should be slicked straight back into a neat bun upon arrival. Minimal stage makeup is optional. Any jewelry should be removed at home. It is important that all tights are clean and do not have holes or runs. Please make sure all elastics on the student's Ballet shoes are tied and tucked. We encourage the dancers to bring extra bobby pins for pinning headpieces. The students will wear their Snow Princess costumes home and will keep the costumes. Please do not arrive at the theatre with anything other than their costume and a water bottle.

Ballet, Hip-hop & Acro 2/3 (Thursday at 3:45 pm) - Chinese

Students should arrive performance-ready, wearing their costume with pink tights and pink Ballet slippers. Hair should be slicked straight back into a neat bun upon arrival. Minimal stage makeup is optional. Any jewelry should be removed at home. It is important that all tights are clean and do not have holes or runs. Please make sure all elastics on the student's Ballet shoes are tied and tucked. We encourage the dancers to bring extra bobby pins for pinning headpieces. The students will wear their Chinese costumes home and will keep the costumes. Please do not arrive at the theatre with anything other than their costume and a water bottle.

Ballet, Aerial & Acro 1/2 (Saturday at 9:45 am) - Dolls

Students should arrive performance-ready, wearing their costume without tights. Hair should be slicked back into a low ponytail upon arrival. Any jewelry should be removed at home. Minimal stage makeup is optional. The students will perform barefoot, but they will need slip-on shoes to wear backstage. Acro Basics students will wear their costumes home and will keep the costumes. Please do not arrive at the theatre with anything other than their costume and a water bottle.

Ballet 4 (Monday at 3:45 pm) - Cherubs

Students should arrive performance-ready, wearing a leotard with pink tights and pink Ballet slippers. We recommend a camisole or short-sleeve leotard, as they will wear this leotard under their white cherub costumes. Hair should be slicked straight back into a neat bun upon arrival. Minimal stage makeup is optional. Any jewelry should be removed at home. It is important that all tights are clean and do not have holes or runs. Please make sure all elastics on the student's Ballet shoes are tied and tucked. We encourage the dancers to bring extra bobby pins for pinning headpieces. The cherubs costumes will be hung up in their designated section of the dressing room when they arrive. Ballet 4 students will not keep their costumes. Before being dismissed, the students will take their cherubs costumes off and leave them in the dressing room.

Ballet 4/5B (Tuesday at 5:30 pm, Thursday at 4:00 pm) - Party Girls, Soldiers, Mirliton

All Party Girls must bring their own party dresses with them from home. Students should arrive performance-ready, wearing pink tights, pink Ballet shoes, and a leotard for warm-up. Ballet 4/5B students do not need to purchase a skin-colored leotard, but if they have one they should wear it. Upon arrival, hair should be slicked straight back into a neat bun

and stage makeup should be complete. Any jewelry besides Company earrings should be removed at home. It is important that all tights are clean and do not have holes or runs. Please make sure all elastics on the student's Ballet shoes are tied and tucked. We encourage the dancers to bring extra bobby pins for pinning headpieces. All Party Girls must bring their own party dresses with them from home. The Solider and Mirliton costumes will be hung up in their designated section of the dressing room when they arrive. Ballet 4/5B students will not keep their Soldier or Mirliton costumes. Before being dismissed, the students will take their Soldier and Mirliton costumes off and leave them in the dressing room. Party dresses should go back home with the student.

Ballet 5A and 6 - Mice, Spanish, Snow Flurries, Snowflakes, Flowers, Leads

Students should arrive performance-ready, wearing a leotard for warm-up with pink tights, and skin-colored leotards / undergarments. Upon arrival, hair should be slicked straight back into a neat bun and stage makeup should be complete. Any jewelry besides Company earrings should be removed at home. It is important that all tights are clean and do not have holes or runs. Please make sure all shoe ribbons and elastics are tied and tucked. We encourage the dancers to bring extra bobby pins for pinning headpieces. Ballet 5A and 6 costumes will be hung up in the dressing room when they arrive. Ballet 5A and 6 students will not keep their costumes. Before being dismissed, the students will take their costumes off and leave them in the dressing room.